

SAM COLLEGE OF AYURVEDIC SCIENCES AND HOSPITAL

INDEX

SAM COLLEGE OF AYURVEDIC SCIENCES AND HOSPITAL ACADEMIC PLANNER FOR YEAR 2019-20 BATCH

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1. First day of students will be celebrated as “SHISHYOPANYAN SANSKAR” in college.

2. Three cyclic test with in regular intervals will be conducted by which students are assessed for their educational developments.

3. Expert lectures will be conducted on every 4th Saturday of a month by expert of the related subjects.

4. Students will be sent to local pharmacies or other educational places to enhance their knowledge about subject.

5. Yearly educational tour is planned for students to broaden their horizon for practical approach of Ayurveda in general practice.

6. Social gathering, Sports day, Yoga day, Book day Annual function and Saraswati poojan (Basant Panchami), Dhanwantari poojan, Ganesh Utshav etc. are planned as per schedule with the other colleges of SAM GROUP OF INSTITUTION.

7. Half yearly examination will be conducted for the students and on the basis of their performance in the examination parallel student development classes will be organized.

8. Pre -university examination prior to final examination is planned in the month of November and accordingly revision classes and preparation leave will be finalized as per university schedule.

SAM COLLEGE OF AYURVEDIC SCIENCES AND HOSPITAL, RAISEN
LIST OF EVENTS

Date	Day	Event
12/11/2019	TUESDAY	GURUNANAK JYANTI
03/12/2019	TUESDAY	BHOPAL GAS TRAJEDY (LOCAL HOLIDAY)
25/12/2019	WEDNESDAY	CHRISMUS
16/01/2020	THURSDAY	1 ST CYCLIC TEST
29/01/2020	WEDNESDAY	BASANTPANCHMI POOJAN
21/02/2020	FRIDAY	MAHASHIVRATRI
01/03/2020-08/03/2020	SUNDAY TO SUNDAY	EDUCATIONAL TOUR
09-03-2020 TO 14-03-2020	MONDAY TO SATURDAY	HOLI VACATION
02/04/2020	THURSDAY	RAMNAVMI
06/04/2020	MONDAY	MAHAVEER JYANTI
10/04/2020	FRIDAY	GOOD FRIDAY
14/04/2020	TUESDAY	DR. AMBEDKAR JAYANTI
15/04/2020 (ONWARD)	WEDNESDAY	2 ND CYCLIC TEST
23/04/2020	THURSDAY	INTERNATIONAL BOOK DAY
07/05/2020	THURSDAY	BUDDHA POORNIMA
25/05/2020	MONDAY	EID-UL-FITAR
26/05/2020 TO 13/06/2020	TUESDAY-SATURDAY	SUMMER VACATION

15/06/2020 (ONWARD)	MONDAY	HALF YEARLY EXAM
AS PER SCHEDULE	-	RESULT DECLARATION / PTM
31/07/2020	FRIDAY	EID-UL-ADHA
03/08/2020 TO 05/08/2020	MONDAY	RAKHI VACCATION
12/08/2020	WEDNESDAY	KRISHNA JANMASTMI
22/08/2020	SATURDAY	GANESH CHATURTHI
29/08/2020	SATURDAY	MOHRRUM
21/09/2020 (ONWARD)	-	3 RD CYCLE TEST
02/10/2020	FRIDAY	GNDHI JAYANTI
24/10/2020	SATURDAY	MAHANAVMI / DASHAHRA
29/10/2020	THURSDAY	MILAD –UN- NAVI
07/11/2020	SATURDAY	ACADEMIC OFF
13/11/2020	FRIDAY	DHANVANTRI POOJAN
14/11/2020 TO 21/11/2020	SATURDAY TO SATURDAY	DIWALI VACCATION
23/11/2020 (ONWARD)	MONDAY	PRE-UNIVERSITY EXAM
30/11/2020	MONDAY	GURUNANAK JAYANTI
25/12/2020	FRIDAY	CHRISMAS

SAM COLLEGE OF AYURVEDIC SCIENCES AND HOSPITAL

LIST OF PHARMACIES AND OTHER PLACES FOR EDUCATIONAL VISIT

1. Vindhya Herbal unit of MP state forest product Cooperative Federation, Barkheda pathani Bhopal.
2. Jamna Pharmaceuticals Mandideep, Raisen
3. Jamna Herbal reasearch limited Mandideep , Raisen.
4. Upkaran Pharmaceuticals Mandideep , Raisen .
5. Madhya Pradesh state cooperative Dairy Federation,Bhopal
6. Water Purification Plant , Kolar dam , Bhopal .
7. Sewage Treatment Plant , Panchsheel Nagar Bhopal
8. Yog Evam Prakritik Chikitsa Kendra, Bairagadh , Bhopal.
9. Community Helth center , Raisen
10. T.B. Hospital, Bhopal.

SAM COLLEGE OF AYURVEDIC SCIENCES AND HOSPITAL

YEAR WISE EDUCATIONAL TOUR PLAN

S.NO.	EDUCATIONAL YEAR	PLACE
1	1st Year	Patanjali Yogpeeth , Haridwar ,
		AIIMS Ayurveda , New Delhi
		FRI Dehradun
2	2nd Year	Jaamnagar Ayurved University , Jaamnagar
		Govt. Ayurved Pharmacy , Rajpipare
3	3rd Year	1. Phyto Pharma, Kolhapur
		2. National Toxicology Centre , Pune
		3. Animal House Bharti vidhyapeeth , Pune
		4. Kaivalya Dham Yoga Institute and Research centre Lonavala, MH
4	4th Year	Various Ayurveda Hospitals and Panchkarma Center Kerala.

SAM College of Ayurvedic Sciences & Hospital, Raisen

Time –Table

Day	9.00 AM – 9.10 AM	9.15 AM – 10.15 AM	10.15 AM - 12.00 PM	12.00 PM – 01.00 PM		1.30 PM - 3.00 PM	3.00 PM - 4.00 PM
MONDAY	MORNING PRAYER	PADARTH VIGYAN	ANATOMY PRACTICAL	SANSKRIT	LUNCH (01.00 PM – 1.30 PM)	PHYSIOLOGY	ASTHANG HRIDAYAM
TUESDAY	MORNING PRAYER	PADARTH VIGYAN	ANATOMY PRACTICAL	SANSKRIT		PHYSIOLOGY	PHYSIOLOGY PRACTICAL
WEDNESDAY	MORNING PRAYER	PADARTH VIGYAN	ANATOMY	SANSKRIT		PHYSIOLOGY	SPORTS
THURSDAY	MORNING PRAYER	PADARTH VIGYAN	ANATOMY	SANSKRIT		PHYSIOLOGY	PHYSIOLOGY PRACTICAL
FRIDAY	MORNING PRAYER	PADARTH VIGYAN	ANATOMY	LIBRARY / SPORTS		PHYSIOLOGY PRACTICAL	PHYSIOLOGY
SATURDAY	MORNING PRAYER	PADARTH VIGYAN	ANATOMY	PRESENTATI ON		PHYSIOLOGY PRACTICAL	PHYSIOLOGY

**SAM COLLEGE OF AYURVEDIC SCIENCES AND HOSPITAL, RAISEN
SPECIALIST TEACHER IN COLLEGE FOR FIRST YEAR**

Sr. No.	Name of Teacher	Qualification	Designation	Department
1	DR. PREETI KALRA	MD. Rachana Sharir	Associate Professor/Reader	Rachana Sharir
2	DR. PRAMENDRA RAGHUWANSHI	MD. Rachana Sharir	Associate Professor/Reader	Rachana Sharir
3	Dr. NEERAJ KUMAR JAIN	MD. Kriya Sharir	Associate Professor/Reader	Kriya Sharir
4	DR. NITESH K. KAMBLE	MD. Kriya Sharir	Assistant Professor/Lecturer	Kriya Sharir
5	Dr. SHAILENDRA LOKHANDE	MD. Ayurved Samhita & Siddhant	Associate Professor/Reader	Ayurved Samhita & Siddhant
6	DR. LOPAMUDRA DASH	MD. Ayurved Samhita & Siddhant	Assistant Professor/Lecturer	Ayurved Samhita & Siddhant
7	DR. SURENDRA PATEL	MD. Ayurved Samhita & Siddhant	Assistant Professor/Lecturer	Ayurved Samhita & Siddhant
8	MS. PINKI RAGHUWANSHI	MA, Sanskrit	Assistant Professor/Lecturer	Ayurved Samhita & Siddhant Sanskrit

SAM College of Ayurvedic Sciences & Hospital, Raisen
BOOK LIST

Subject	Book name	Author
PADARTHA VIGYAN AND AYURVED ITIHAS	Padartha Vigyan	Dr. Hiralal
	Ayurvedic Padartha Vigyan avam Ayurveda Itihasa	Vaidya Tarachand Sharma
	Ayurvediya Padartha Vigyan	Dr. Dingari Lakshmanacharya
	Ayurveda ka Itihasa avam Parichaya	Dr. Vidhyadhara Shukla Dr. Ravidatta Tripathi
	Ayurveda Padartha Vigyan	Prof. C.R. Agnives
SANSKRIT	Ayurveda Pathyakrame Sanskritadhayanam	Vishwanath Joshi
	Sanskrit Vyakaranadhyanam	Govindacharya
	Anuvad Chandrika	Dr. Yadunandan Mishra
	Laghusiddhanta Kaumudi	Dr. Surendra dev Snatak Shastra
	Vaidhyakiya Subhashitani	Vaidya Ranjeet Rai Desai
	Panchatantram – Aparikshitkarkam	Dr. Raju (Rajeshwar) Shastri
SHAREER KRIYA SHARIR	Human Physiology	C C Chatterjee
	Essential of Medical Physiology	K. Sembulingam
	Principals of Anatomy & Physiology	Tortora & Grabowski
	Sharir Kriya Vigyana	Dr. Jayram Yadav & Dr. Sunil Verma
	Abhinava Sharir Kriya Vigyana	Dr. Shiv Kumar Gour

	Kriya Vigyana Part I & II	Dr. Ranade, Dr. Deshpande
SHAREER RACHANA SHARIR	Human Anatomy Volume I II III & IV	Dr. B D Chaurasia
	Ayurvedic Rachana Shareer	Tarachand Sharma
	Rachana Sharir Vigyana	Dr. Mahendra Singh
	Abhinav Shariram	Acharya Damodar Sharma Gour
	Principals of Anatomy & Physiology	Tortora & Grabowski
MAULIK SIDDHANT AVUM ASTANG HRIDYA	Sanskrit Commentary: Sarvanga Sundara	Acharya Arunadatta
	Sanskrit Commentary: Ayurveda Rasayana	Acharya Hemadri
	Hindi Commentary	Prof Ravidatta Tripathi
	Hindi Commentary	Dr. Brahmananda Tripathi
	Hindi Commentary	Acharya P. V. Sharma
	English Commentary	Dr. Kanjiv Lochan

